

CINIO

CIAPANINI CYNNES

Gyda salad bychan a colslo cartref - bara brown neu bara di-glwten ar gael

Caws a picl pinafal - £5.50

ychwanegwch ham - £7 (ODG)

Caws Brie, cig moch wedi'i fygu a saws tsili - £7 (ODG)

Cyw iar, chorizo ag aioli - £7 (ODG)

Gorgimychiaid mewn mayo lemwn - £7 (ODG)

Twrci, llugaeron a stwffin - £7 (ODG)

Eidion, nionyn a madarch - £8.50 (ODG)

I DDECHRAU

Cawl y dydd gyda bara Gwalia a menyf o Gymru - £5.50 (ODG)

Gorgimychiaid mawr mewn menyf garlleg a persli ar ddarn o dost - £7.90 (ODG)

Darnau o gyw iar mewn panko a persli; saws chipotle - bach £7.50 (3) - mawr £12 (6)

Madarch garlleg mewn saws hufen gyda bara ar yr ochor - £7.50 (ODG)

Boch eidion - caws a macaroni; surdoes wedi'i dostio - £7.90

YCHWANEGOL

Sglodion Cartref - £3.70 (DG)

Sglodion cartref a caws neu mayo garlleg neu saws tsili - £4.20 (DG)

Sglodion tatws melys - £3.90 (DG)

Ciabatta garlleg - £3.90

Ciabatta garlleg a caws - £4.20

Powlenad o olewydd - £3.90 (DG) (VG)

Bara ychwanegol - £1.50

Os oes gennych unrhyw alergedd bwyd neu anghenion deiet arbennig - gadewch aelod o staff wybod.

(ODG) - Opsiwn Di Glwten;

(DG) - Di Glwten;

(LL) - Llysieuol;

(VG) - Vigan; (C) - Cnau

SALAD / PRYDAU YSGAFN

Avocado, eog di'i fygu ac wy 'di ferwi ar ddarn o dost rhug gyda salad bychan - £8.50 (ODG)

Mae'r isod gyda salad bychan a colslo cartref a salad tatws - bara brown neu bara di-glwten ar gael

Salad cyw iar a cig moch; dressing mel, leim a mwstard graean - £8.90 (ODG)

Eog wedi'i fygu gyda gorgimychiaid mewn mayonnaise lemon - £9.50 (ODG)

Eog cynnes mewn saws Teryiaki a hadau sesame, - £12.90 (ODG)

Salad Groegaidd; caws feta ag olewydd - £7.70 (ODG) (V)

Cacennau pysgod - eog a persli; saws tsili a melys - £9.50

Welsh Rarebit Cwrw Llŷn a caws Llŷn ar dost - £5.70 (V) - gyda ham - £6.70

Taten drwy'i chroen gyda ham a caws, salad bychan a colslo - £6 (ODG)

Omelette caws, salad bychan a coleslaw - £5.70

holwch am lenwadau eraill sydd ar gael (ODG)

PRIF GWRS

Gammon 12 owns, 2 wy a sglodion cartref gyda picl pinafal - £12.90 (ODG)

Pei pysgod; hadog di'i fygu, penfras, gorgimychiad mawr a mash caws - £14.20 (DG)

Brest cyw iar wedi'i stwffio gyda caws a cenin a'i lapio mewn cig moch; saws gwin gwyn hufenog; sglodion cartref - £15.90 (DG)

Byrgyr stec eidion gan cigydd Edern a salad bychan mewn bap brioche, sglodion a saws aioli - £11.90 (ODG)

£2 yn ychwanegol am gaws a cig moch

Rymp eidion 8 owns; madarch a tomato; sglodion cartref - £16.90 (DG)

Saws pupur du neu menyf garlleg - £2

Pei Eidion a Cwrw Llyn gyda chrwst brau; tatws mash & moron & greffi - £14.90

Korma llysiâu; reis a bara naan - £13.90 (VG)

Ham, wy, sglodion cartref a shytni pinafal - bach £8.50/mawr £9.90 (ODG)

PWDINAU

Pwdin taffi gyda hufen ia fanila - £7.20

Meringue blas coffi gyda hufen biscoff - £7.20 (CN)

Brownie siocled tywyll, hufen ia diliau mel - £7.20 (DG)

Pwdin bara gyda siocled gwyn a bricyll; hufen mewn jwg - £7.20

Torth Ffrwchnedd; saws siocled a hufen ia caramel - £7.20 (VG)

Cawsiau Ffatri Laeth; Cheddar cennin; Caws di gochi; caws Llechwedd; bara brith Cwrw Llyn; bara ceirch; shytni cartref - £8.50 (ODG)

Coffi a fudge - £4.50 (DG)

Dewis o hufen ia a sorbets £2.50 y sgwp

LUNCH

CIAPANNINI ROLLS

Served with a small salad and homemade coleslaw & potato salad – brown bread or gluten free bread available

Cheese and pineapple chutney - £5.50
add ham - £7 (GFO)

Brie cheese, smoky bacon and a sweet chilli sauce - £7 (GFO)

Chicken, chorizo & aioli - £7 (GFO)

Prawns & lemon mayonnaise - £7

Beef, mushroom & onion - £8.50

STARTERS

Soup of the day; Gwalia bread & Welsh butter - £5.50 (GFO)

Ox cheek mac & cheese; toasted sour dough - £7.90

King prawns in garlic & parsley butter on toast - £7.90 (GFO)

Chicken strips soaked in buttermilk coated in panko & parsley served with chipotle sauce - small £7.50 (3)
- large £12 (6)

Garlic mushrooms in a creamy sauce, toasted bread on the side - £7.50 (GFO)

EXTRAS

Homemade chips - £3.70 (GF)

Homemade chips with cheese or garlic mayo or chili sauce - £4.20 (GF)

Sweet potato chips - £3.90 (GF)

Garlic ciabatta - £3.90

Garlic ciabatta with cheese - £4.20

Bowl of olives – £3.90 (GF) (VG)

Extra bread – £1.50

Extra vegetables or salad - £2.50

Please let staff know if you have any allergies or special dietary needs.

(GF) – Gluten Free;
(GFO) Gluten Free Option;
(V) – Vegetarian;
(VG) – Vegan;
(N) – Nuts

SALADS/LIGHT MEALS

Crushed avocado, smoked salmon & soft boiled egg on toasted rye bread with a small salad - £8.50 (GFO)

The following are served with a small salad and homemade coleslaw & potato salad:

Warm chicken & bacon salad; honey, lime & grainy mustard dressing - £8.90 (GF)

Smoked salmon; lemon mayo prawns; bread; balsamic reduction - £9.50 (GFO)

Salmon & parsley fishcakes; sweet chilli sauce - £9.50 (GF)

Warm teriyaki salmon & sesame seeds - £12.90 (GF)

Greek salad – feta cheese, olives & tomatoes (VG) - £7.70 (GF)

Welsh Rarebit; Cwrw Llyn & local cheddar, on toast - £5.70 (V) + ham £6.70

Jacket potato with ham & cheese - £6 (GF)

Omelette with cheese - £5.70 (GF)

Other fillings available for jacket potato & omelettes; mushrooms; beans; onion; tomato etc.

MAINS

12oz Gammon, 2 eggs and chips with pineapple chutney - £12.90 (GF)

Fish pie; smoked haddock; cod & king prawns topped with cheesy mash - £14.20 (GF)

Ballotine of chicken stuffed with Cheddar cheese and leek rolled in bacon; white wine sauce; homemade chips or sweet potato chips - £15.90 (GF)

Steak burger by the butcher in Edern, small salad in a brioche bap; homemade chips & aioli - £11.90 (GFO) - extra cheese & bacon £2

8oz rump; mushrooms, tomatoes & homemade chips - £16.90 (GF)
Black-pepper sauce or garlic butter - £2 extra

Chick pea & vegetable Korma; naan bread & wild rice - £13.90 (VG)

Beef & ale pie with shortcrust pastry; mash, carrots & gravy - £14.90

Ham, egg & homemade chips; pineapple chutney – small £8.50/large £9.90 (GF)

PUDDINGS

White chocolate & apricot bread & butter pudding; pouring cream - £7.20

Sticky toffee pudding, butterscotch sauce & vanilla ice cream - £7.20

Coffee meringue filled with biscoff cream £7.20 (GF)

Warm double chocolate brownie & honeycomb ice cream - £7.20 (GF)

Banana Bread; chocolate sauce; salted caramel ice cream - £7.20 (VG)

Ffatri Laeth cheeses; cheddar & leek; Maple smoked; Cavern aged; pineapple chutney; homemade bara brith using Cwrw Llyn & oatcakes - £8.50 (GFO)

Coffee and homemade fudge - £4.50 (GF)

Choices of ice cream or sorbet available - £2.50 per scoop (GFO)